

PROMOTION ET PRÉVENTION PROGRAMMES DE LUTTE CONTRE L'OBÉSITÉ INFANTILE

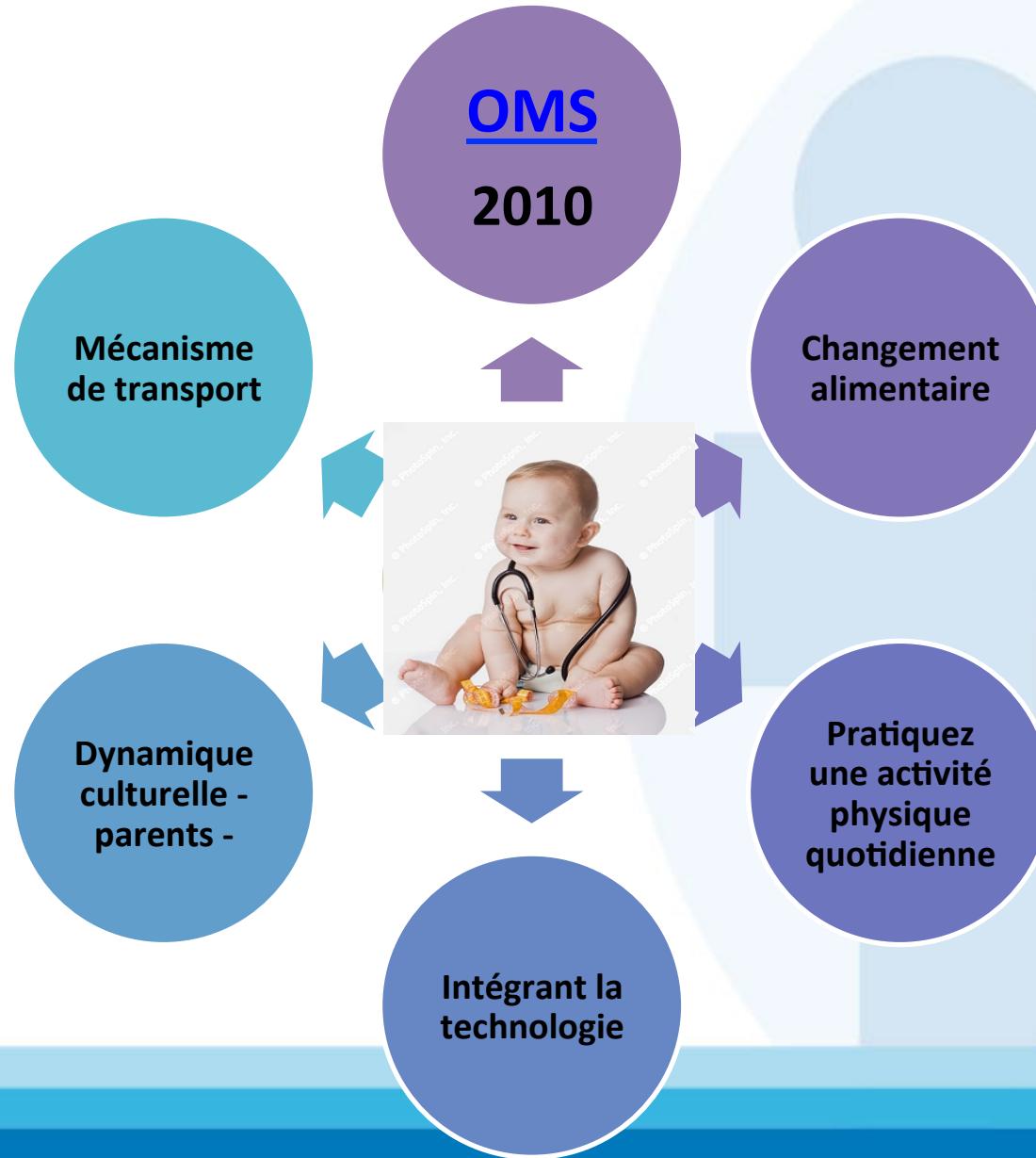
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L'OBÉSITÉ INFANTILE

INTRODUCTION



- **42 millions d'enfants sont en surpoids dans le monde**
 - 35 millions (83%) vivent dans des pays en développement

DÉVELOPPEMENT HUMAIN

L'activité physique a diminué

Des effets secondaires cardiovasculaires



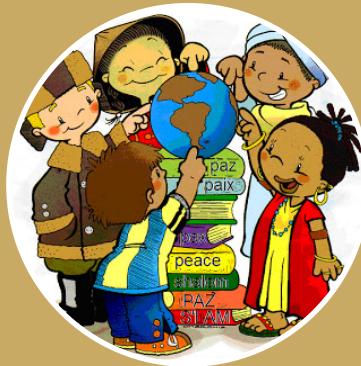
Troubles psychosociaux et de la motricité

Effets métaboliques indésirables

STRATÉGIES



Réponses
interdisciplinaires



Patterns
contextuels



Politiques
publiques



ION DE PRÉVENTION



INSTITUT DE MÉDECINE DES ÉTATS-UNIS



1. Évaluer, contrôler et suivre le poids corporel et la hauteur (0-5 ans).
2. Augmenter l'activité physique dans la petite enfance.
3. Réduire la sédentarité chez les jeunes enfants - la sensibilisation des soignants -.
4. La formation des personnes travaillant avec des enfants pour contribuer à accroître l'activité physique chez les enfants
5. Promouvoir la consommation d'aliments nutritifs et l'allaitement
6. Créer un environnement alimentaire sain pour les enfants et leur assurer l'accès
7. Utiliser des stratégies de marketing social visant à fournir des informations et des stratégies conformes à la prévention de l'obésité infantile
8. La promotion de bonnes habitudes de sommeil à l'âge

REVUE SYSTEMATIQUE

OBJECTIF

- Analyser les programmes de promotion et de prévention pour lutter contre l'obésité infantile.

METHODOLOGIE



Bases de
données de
dépistage

- LILACS – IBECS – PUBMED – COCHRANE – SciELO)

Recherche
r

- Conditions MeSH - Recherche équations

Critères
d'inclusio
n

- Les études descriptives et analytiques
- Années 2007-2013
- Anglais et espagnol
- **Sources primaires - Preuves scientifiques - Echelle AATM ***



CONDITIONS MESH: Health Promotion - Obesity – Children

RECHERCHE ÉQUATIONS: obesidad AND niños AND fulltext:"1" AND db: ("MEDLINE" OR "LILACS") AND mh:("Obesidad" OR "Sobrepeso" OR "Índice de Masa Corporal" OR "Estado Nutricional" OR "Peso Corporal" OR "Ejercicio" OR "Promoción de la Salud" OR "Hábitos Alimenticios" OR "Antropometría") AND limit:("preschool" OR "child") AND la:("en" OR "es") AND year_cluster:("2011" OR "2012" OR "2010" OR "2009" OR "2008" OR "2007").

promoción de la salud AND obesidad AND niños AND fulltext:"1" AND db: ("MEDLINE" OR "LILACS") AND la:("en" OR "es") AND year_cluster:("2010" OR "2011" OR "2012" OR "2008" OR "2009").

("health promotion"[MeSH Terms] OR ("health"[All Fields] AND "promotion"[All Fields]) OR "health promotion"[All Fields]) AND ("obesity"[MeSH Terms] OR "obesity"[All Fields]) AND ("child"[MeSH Terms] OR "child"[All Fields] OR "children"[All Fields]) AND ("loattrfree full text"[sb] AND "2007/11/25"[PDAT] : "2012/11/22"[PDAT] AND "humans"[MeSH Terms] AND English[lang]) AND ("loattrfree full text"[sb] AND ("2009/01/01"[PDAT] : "2012/12/31"[PDAT]) AND "humans"[MeSH Terms] AND English[lang])



RÉSULTATS



FRÉQUENCE DE LA PUBLICATION DES ARTICLES PAR ANNÉE

Année	Fréquence
2008	1
2009	5
2010	13
2011	13
2012	16
Montant global	48

Source: Auteurs (2013)

RÉSULTATS

LISTE DES PAYS DANS LEQUEL
FORWARD RESEARCH

Pays	Fréquence
Alemania	3
Australia	8
Canadá	4
Chile	1
China	1
España - Barcelona	1
Estados Unidos	16
Europa	3
Holanda	3
Italia	1
México	2
No reporta	1
Portugal	1
Reino Unido	1
Suecia	1
Suiza	1
Montant global	48

RÉSULTATS

TYPES DE ÉTUDES UTILISÉES

Type D'étude	Fréquence
Correlacional	3
Cuasiexperimental	3
Descriptivo	24
ECCA	13
Ensayo comunitario	3
Exploratorio	2
Montant global	48

Source: Auteurs (2013)

RÉSULTATS



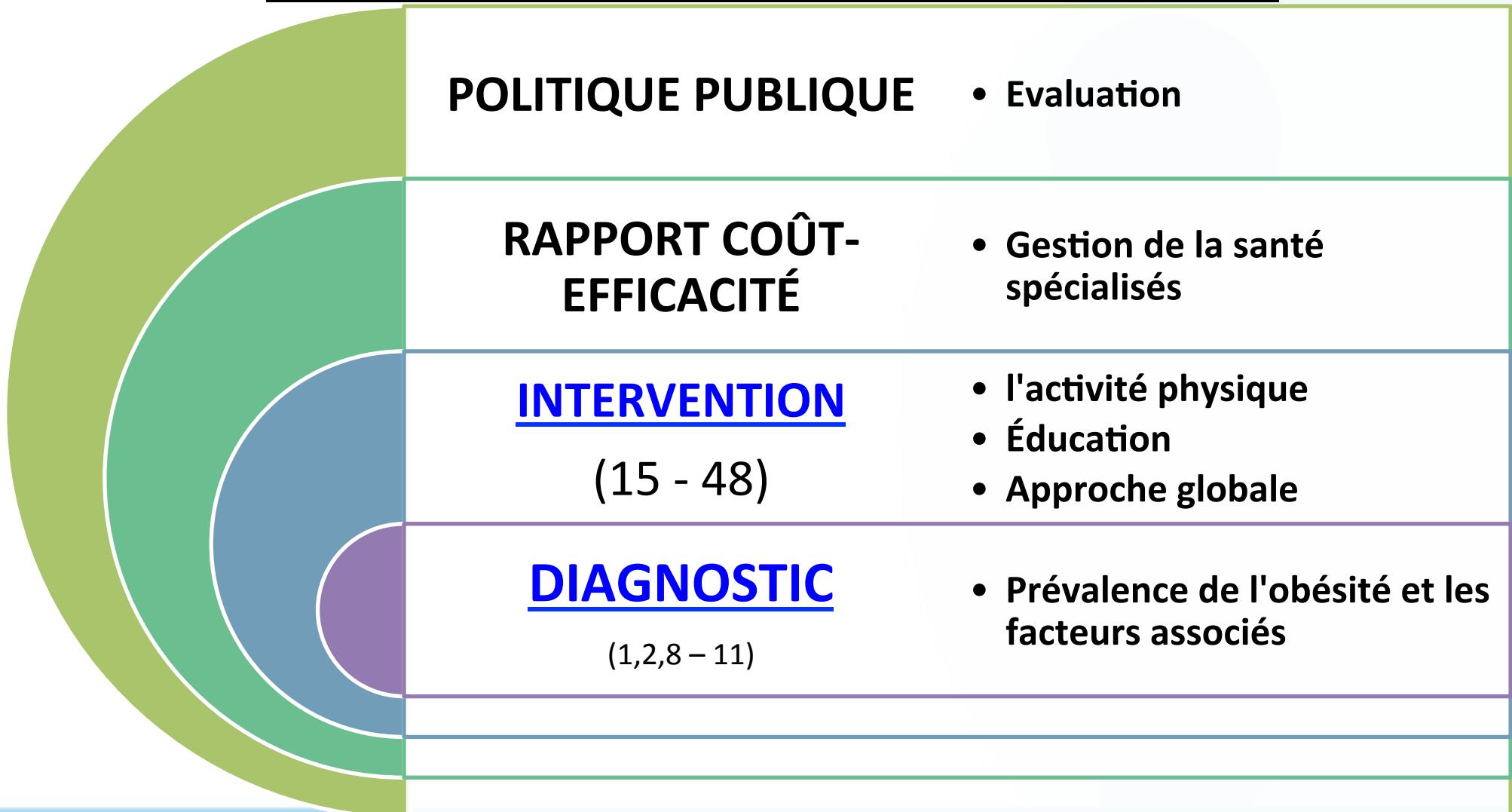
TYPES D'INTERVENTION EFFECTUEES

TYPE D'INTERVENTION	Nº ARTICLES
Diagnóstico	6
Actividad Física	3
Actividad física y educación	3
Actividad física y nutrición	9
Nutrición y educación	2
Actividad física, nutrición y educación	7
Educación	6
Abordaje integral	9
Costo-efectividad	1
Políticas	2
MONTANT GLOBAL	48

Source: Auteurs (2013)

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TENDANCES IDENTIFIÉES DANS ARTICLES



Source: Auteurs (2013)

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BALANCE ET PARAMÈTRES DE CLASSIFICATION

IMC (2)

Courbes de
croissance
CDC (9)

IOTF (1, 10)

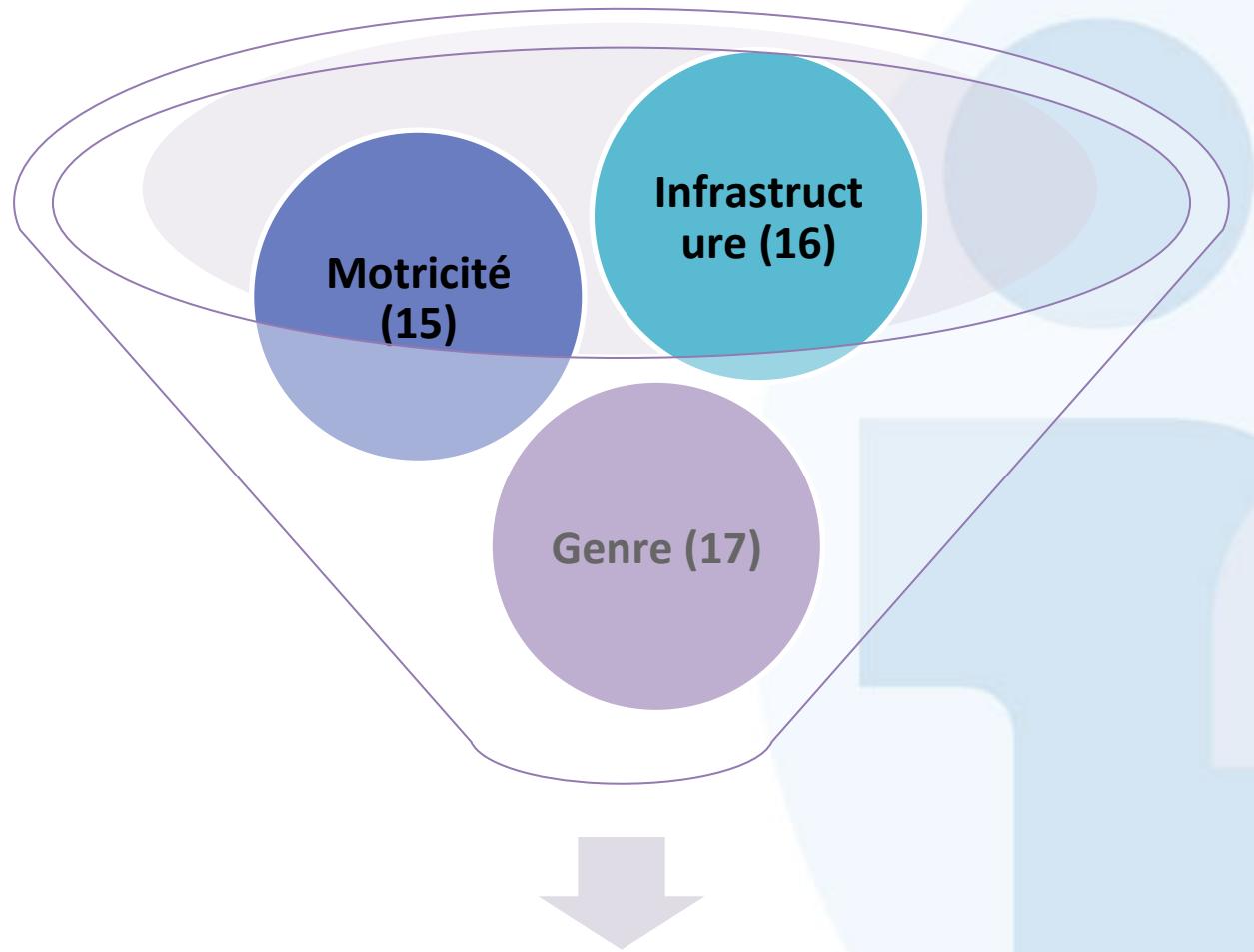
STYLES DE VIE - Behavioral

Croyances
des parents
(11, 12)

Le niveau
d'instruction des
parents (13, 14)

DIAGNOSTIC

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ACTIVITÉ PHYSIQUE

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SANTÉ EN MILIEU SCOLAIRE (10)

réalisations
académiques

Santé*

Programme CLICK-Obesity (19)

Curriculum

Tutorat

L'éducation des
parents

Culturel

EDUCATION

RÉSULTATS



La prévention secondaire
(20)

Stratégies innovatrices (21)

Le travail collaboratif (22 – 30)

RÉSULTATS



MODE DE VIE SAIN (31 – 33)

1. Mangez neuf fruits et légumes par jour
2. Prendre un petit déjeuner tous les jours de la famille
3. Limiter le temps de télévision ou d'utilisation de l'ordinateur à pas plus de 2 heures par jour
4. Ne prenez pas plus de 2 verres par jour de boissons sucrées
5. Activité physique modérée à vigoureuse pendant 60 minutes par jour³¹
6. Passez 60 minutes de temps passé en famille tous les jours en continu^{32, 33}.

APPROCHE GLOBALE

RÉSULTATS



CPET (36)

TRIPLE
P(37)

EPODE (43)

APPROCHE GLOBALE

DISCUSIÓN



Problème de santé publique

Le travail collaboratif

Les modèles culturels et
scolaires

Les politiques publiques et aux
indicateurs d'impact

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